



**PRESS RELEASE
FOR IMMEDIATE DISTRIBUTION**

COLABOR APPOINTS JOHN HEMEON TO LEAD ITS ONTARIO DIVISION

Boucherville (Québec), August 2, 2018 – Colabor Group Inc. (TSX: GCL) (“Colabor” or the “Company”) announced today the appointment of Mr. John Hemeon to the position of Senior Vice President and General Manager of its SUMMIT Foods Division in Ontario beginning Monday, August 13, 2018.

Mr. Hemeon was until recently Chief Operating Officer of Canada Cartage. Before joining Canada Cartage, he held various management positions with leading companies operating in the food distribution and restaurant sector, including as Executive Vice President, Supply Chain for Tim Hortons, and Executive Vice-President of SYSCO in Alberta.

Mr. Lionel Ettetdgui, President and CEO of COLABOR, welcomes Mr. Hemeon. “We are pleased to welcome M. Hemeon, a seasoned executive with an excellent knowledge of the food distribution industry in Canada. I am confident that he will quickly leverage his expertise and will greatly contribute to the optimization of our distribution activities in Ontario.”

ABOUT COLABOR

Colabor is a distributor and wholesaler of food and related products serving the hotel, restaurant and institutional markets or “HRI” in Quebec, Ontario and in the Atlantic provinces, as well as the retail market (grocery stores and convenience stores). Within its two operating segments, Colabor offers specialty food products such as meat, fresh fish and seafood, as well as food and related products through its broadline activities.

FORWARD-LOOKING STATEMENTS

This news release contains certain statements that may be deemed to be forward-looking statements reflecting the opinions or current expectations of Colabor Group Inc. concerning its performance, business operations and future events. Such statements are subject to risks, uncertainties and assumptions and the analysis of the debt structure and available alternatives, and risks mentioned in the Corporation’s annual information form found under its profile on SEDAR (www.sedar.com), such as the risk of dilution for existing shareholders. As such, these statements are not guarantees of future performance, and actual results, realities or events may differ materially. Except as required by law, the Corporation assumes no obligation to update these forward-looking statements in the event that management’s beliefs, estimates or opinions or other factors change.

Further Information:

Colabor Group Inc.

Jean-François Neault, CPA, CMA, MBA

Senior Vice President and Chief Financial Officer

Tel.: 450-449-0026, ext. 1308

Fax: 450-449-6180

jean-francois.neault@colabor.com