



FOR IMMEDIATE RELEASE

COLABOR INCOME FUND ANNOUNCES JANUARY 2009 DISTRIBUTION

NOT FOR DISTRIBUTION TO US NEWSWIRE SERVICES
OR FOR DISSEMINATION IN THE UNITED STATES

BOUCHERVILLE, QUEBEC – January 20, 2009 – Colabor Income Fund (TSX : CLB.UN) announced today a cash distribution of 8.97 cents per unit for the period from January 1, 2009 to January 31, 2009, to be paid on February 16, 2009 to the Fund's unitholders of record at the close of business on January 30, 2009.

Colabor is a wholesaler and distributor of food and non-food products serving the retail (grocery stores, convenience stores, etc.) and food-service (cafeterias, restaurants, hotels, restaurant chains, etc.) markets.

Further information can be found in the disclosure documents filed by Colabor Income Fund with the securities regulatory authorities, available at www.sedar.com.

FOR ANY ADDITIONAL INFORMATION, PLEASE CONTACT

Colabor Income Fund
Mr. Gilles C. Lachance
President and Chief Executive Officer
(450) 449-0026 ext. 265

Colabor Income Fund
Mr. Michel Loignon, CA
Vice-President & Chief Financial Officer
(450) 449-0026 ext. 235