



**PRESS RELEASE
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COLABOR GROUP WILL HOLD A CONFERENCE CALL TO DISCUSS ITS FOURTH QUARTER AND FISCAL 2018 RESULTS

Boucherville, Quebec, February 15, 2019 – Colabor Group Inc. (TSX: GCL) (“Colabor” or the “Company”) will release its results for the fourth quarter and fiscal year ended December 29, 2018, before market open on Friday, February 22, 2019. A conference call to discuss these results will be held on the same day, at 10:30 a.m. (Eastern Time).

Conference Call:

A live broadcast of the conference call will be available on the Company’s website, in the Investors section under Events and Presentations.

To participate (professional investment community only) or to listen to the live conference call:

- Local participants (Toronto area), dial into (647) 788-4922
- North-American participants, dial toll-free 1-877-223-4471

To listen to a recording of the conference call, please call 416-621-4642 or call toll-free 1-800-585-8367 and enter the code 7589814. The recording will be available as of Friday February 22, 2018 at 15:00 p.m. until Friday March 8, 2019 at 23:59 p.m.

About Colabor:

Colabor is a distributor and wholesaler of food and related products serving the hotel, restaurant and institutional markets or "HRI" in Quebec, Ontario and in the Atlantic provinces, as well as the retail market (grocery stores and convenience stores). Within its two operating segments, Colabor offers specialty food products such as meat, fresh fish and seafood, as well as food and related products through its Broadline activities.

Further information:

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